

THE CHARM OF MOTHERHOOD

Enhanced By Perfect Physical Health.

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother results.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.

In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.



If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Biliousness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature

W. H. Wood

BLACK LEG

LOSSES SURELY PREVENTED by Carter's Blacking Pills. Low-priced, fresh, reliable; preferred by Western stockmen, because they protect where other vaselines fail. Write for booklet and testimonials. 18-dose pkg. Blacking Pills \$1.50 30-dose pkg. Blacking Pills 4.00 Use any injector, but Carter's best. The superiority of Carter products is due to over 15 years of specializing in vaselines and serum only. Inset on Carter's. If unobtainable, order direct. The Carter Laboratory, Berkeley, Cal., or Chicago, Ill.

Illustration.

"That girl ahead of us reminds me of a flower, but I can't recall just what one—"

"Oh, look! She's just tripped on a banana peel!"

"Now I know. She's a lady slipper."

Naturally.

"There was an even division on that question."

"How odd!"

Millions of particular women now use and recommend Red Cross Ball Blue. All grocers. Adv.

An electric fire alarm siren invented by a Denver man has been heard 17 miles.

Danger in Delay

The great danger of kidney troubles is that they so often get a firm hold before the sufferer recognizes them. Health will be gradually undermined. Backache, headache, nervousness, lameness, soreness, lumbago, urinary troubles, dropsy, gravel and Bright's disease may follow as the kidneys get worse. Don't neglect your kidneys. Help the kidneys with Doan's Kidney Pills. It is the best recommended special kidney remedy.

A Missouri Case

Mrs. George H. Bopp, 425 W. Jefferson Ave., Kirkwood, Mo., says: "The secretions from my kidneys were unnatural and distressing and for three months I was in bed most all the time. I got weak and nervous and my back ached constantly. I couldn't rest well and mornings were tired and despondent. I lost forty-five pounds in weight. After using Doan's Kidney Pills my kidneys were fixed up all right, my back was strengthened and I was no longer so weak. I gained in weight, too."

Get Doan's Kidney Pills at any drug store. Price 50c. Doan's Kidney Pills. POSTER-McBURN CO., BUFFALO, N. Y.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course, The Moody Bible Institute of Chicago.)

LESSON FOR AUGUST 15

JEROBOAM LEADS ISRAEL INTO SIN.

LESSON TEXT—I Kings 12:25-33.

GOLDEN TEXT—Thou shalt not make unto thee a graven image, nor any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth; thou shalt not bow down thyself down unto them, nor serve them. Ex. 20:4, 5a.

Whether Jeroboam incited Israel's rebellion or was summoned home because of his being known as an opponent to Israel, we cannot say. He must have remembered Ahijah's prophecy (11:29-40) and he had another prophet on his side, Shemaiah (12:22-24), though Ahijah afterwards deserted him (14:1-18). In Egypt, Jeroboam had learned of the worship of the bull Apis and upon setting up his kingdom, saw at once the need of centering the religious life of the people elsewhere than in Jerusalem.

I. "Calves of Gold" vv. 25-30. Given these ten tribes by God (11:31) the people had chosen Jeroboam without seeming consultation with God, and the result was a tragic future for the Hebrews. David's monarchy lasted scarcely two generations. Rehoboam's second attempt at coercion (12:21-24) is rebuked and he settles down in Judea but fortifies many cities (II Chron. 11:5-12; I Kings 12:24; 14:17). Jeroboam likewise built cities, Shechem and Penuel, but the result of the schism was a weakened people and Israel was the first to be carried into captivity and to extinction as a nation. Defended cities are not adequate safety for a nation (11:38; 2 Chron. 20:20; Zech. 1:4, 5). Witness Lige and Antwerp. As a matter of political prudence Jeroboam's scheme of removing the center of worship from Jerusalem succeeded admirably. The center of gravity of a man and of a nation is that place where he centers his worship. The temple had no image, and his setting up of his images of bulls was a backward step, though doubtless it was regarded as best for the nation. Jeroboam's fatal error was in deflecting the people from the invisible Jehovah to the visible creations of their own hands. Mankind always prefers to trust to their own devices and to plan their own deliverance rather than to trust in God. The evidence of our trust in God is to obey him. Note Jeroboam took counsel, not as did Rehoboam, of the aged or the young, but "in his heart." We are not to lean to our own understanding but upon the Holy Spirit (John 16:13). Man is "slow of heart" and that one at all familiar with Hebrew history should repeat the mistake Aaron made is scarcely to be understood (Ex. 32:4-8). The errors and "isms" of today are but a repetition of the false teachings of former days dressed in a new garb, labeled with a new name; such is the deceitfulness of the human heart (Jer. 17:9). Jeroboam's excuse was plausible enough (v. 28) and appealed to the ever-present weakness of the human heart to seek some easier way of serving God. But man's way always becomes the hardest way. Jeroboam today would be classed as a "liberal" and held up as a "broad-minded man."

II. "Priests of the Lowest" vv. 31-33. Jeroboam's real concern was not that of the people but the permanency of his kingdom. Jeroboam was not introducing a new God but a new way of worship. One step always leads to another, and to fully establish this new way, and at the same time entirely to control the situation, he selected from among "all the people" priests who were to carry on Jehovah's worship. God had selected the sons of Levi and specially ordained them for this service (Num. 3:10). When the devil introduces a new religion, or any false idea of Christ, or the Bible, he always appeals to sacred memories, or else claims a "modern expression of the truth." Jeroboam not only chose those who would be beholden to himself, but he also selected positions in his kingdom, at either end, each of which was easily accessible. Thus to build and thus to select others than the sons of Aaron as priests was expressly forbidden. But such is the natural perversity and stubbornness of the human heart that it readily follows its leaders into all sorts of apostasy and error (Rom. 8:7). Jeroboam also changed (v. 32) the feast ordained of God on the 15th day of the seventh month (Lev. 23:32, 34) to one occurring in the eighth month. No possible appeal of local interests warranted any such substitution; to obey is better than to modify (Matt. 23:8; Mark 7:18).

Pierre, S. D., now has a policeman.

Always sure to please, Red Cross Ball Blue. All grocers sell it. Adv.

Contrary Consequence. "That girl doesn't light up well." "She doesn't but keep it dark."

SOFT WHITE HANDS

Under Most Conditions If You Use Cuticura. Trial Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. Nothing better or more effective at any price than these fragrant supercreamy emollients. A one-night treatment will test them in the severest forms of red, rough, chapped and sore hands.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Too Much Trouble.

In Sunday school one afternoon the superintendent announced the hymn, I Want to Be an Angel, and when the others began to sing, it was noticed that Little Jessie was conspicuously silent.

"What is the matter, my dear?" kindly asked the teacher. "Why don't you sing, I Want to Be an Angel?"

"Because, Miss Mary," was the rather startling rejoinder of the child, "I don't want to be one."

"Don't want to be one!" exclaimed the horrified teacher. "Why do you say that?"

"Because," calmly answered Jessie, "they have to play on the harp and I have had trouble enough taking my piano lessons."

The Shell Shortage.

A. J. Drexel, praising the English volunteer army, said in New York the other day:

"Oxford and Cambridge undergraduates fight side by side with coal miners. Peers' sons and millionaires' sons hobnob with plumbers and blacksmiths in the ranks."

"There are lots of 'nuts' (dudes) in the volunteer army—and the Kaiser finds them pretty hard to crack, too—notwithstanding their lack of shells."

Different Ways.

"Why are biographers like retribution?"

"Why are they?"

"Because they both bring men to book."

When Chopper Clogs.

When putting raising, dates or figs through the food chopper add a few drops of lemon juice to prevent the fruit from clogging the chopper.

Our idea of a foolish woman is one who is jealous of every other woman who comes within a mile of her wage earner.

WOULD NEED 294 SUBMARINES

Germans Would Require That Number to Effectually Blockade All British Ports.

Assuming that the German submarines are based at Zeebrugge, the time required for the passage to and from blockading stations off the ports of Great Britain would be about four days. The average time necessary for overhauling at the base between trips may be estimated at six days, and the time which may be spent at sea between visits to the base cannot well exceed twenty days. Consequently it would be impracticable to maintain more than about half of the total force of submarines on blockading stations.

There are forty-nine ports on the coasts of England, Scotland, and Wales which it would be necessary for the German submarines to blockade if all supplies are to be cut off.

An effective blockade of any port could scarcely be maintained in the face of defensive operations, which must be expected, with less than three submarines, and double that number would be none too many. If the minimum number of three boats be allowed for each port, the Germans would require at least 147 constantly on station to close all the ports of Great Britain; that is, allowing for the necessary passage time to and from the base and the essential overhauling period, the total force should be 294 submarines.—World's Work.

Mammoth Cave in Idaho.

About twenty-eight miles from Boise City, Idaho, there has been discovered what is believed to be the largest cave in that part of the Northwest, and the largest in Idaho. It measures nearly half a mile in length, that is from its mouth to the lake. Of course it may be that long again, but owing to the lake it is impossible to get the exact length without a boat. The government is unaware of its existence, as it is located on unsurveyed land and in an exceedingly desolate region. Should the government become aware of its whereabouts it would immediately claim it.

Probably.

Many a rich man will probably find it as difficult to enter the kingdom of heaven as he finds it easy to keep outside a mundane jail.

Over a Thousand.

In one week more than a thousand women in London applied to one large agency for employment as waitresses.

What would the world do without woman? Nine-tenths of the dry goods stores would go out of business, for one thing.

A lazy man makes much ado about nothing.

DAISY FLY KILLER



placed anywhere, attracts and kills all flies. Real, clean, ornamental, convenient, cheap. Kills all mosquitos. Made of metal, can't splinter or injure anything. Guaranteed effective. All dealers or direct express paid for \$1.00.

HAROLD SOMERS, 120 De Kalb Ave., Brooklyn, N. Y.

PARKER'S HAIR BALM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c. and \$1.00 at Druggists.

OWN YOUR OWN FARM Small cash payment, balance like rent. Best corn, wheat, alfalfa farming country in the West. FLATIRON RIVER VALLEY LAND CO., Omaha, Neb.

MADE PROFIT OF HIS VISIT

Unexpected Call of Paderewski Turned to Good Account by Music Teacher.

Paderewski arrived in a small western town about noon one day and decided to take a walk in the afternoon. While strolling along he heard a piano and, following the sound, came to a house on which was a sign reading: "Miss Jones. Piano Lessons 25 Cents an Hour."

Pausing to listen, he heard the young lady trying to play one of Chopin's nocturnes and not succeeding very well.

Paderewski walked up to the house and knocked. Miss Jones came to the door and recognized him at once. Delighted, she invited him in and he sat down and played the nocturne as only Paderewski can, afterward spending an hour in correcting her mistakes. Miss Jones thanked him and he departed.

Some months afterward he returned to the town and again took the same walk.

He soon came to the home of Miss Jones and, looking at the sign, read: "Miss Jones. Piano Lessons \$1 an Hour. (Pupil of Paderewski.)"

Of Course.

"Suppose all the energy that is wasted in dancing were devoted to some useful purpose?"

"I never entertain a supposition like that."

"Why not?"

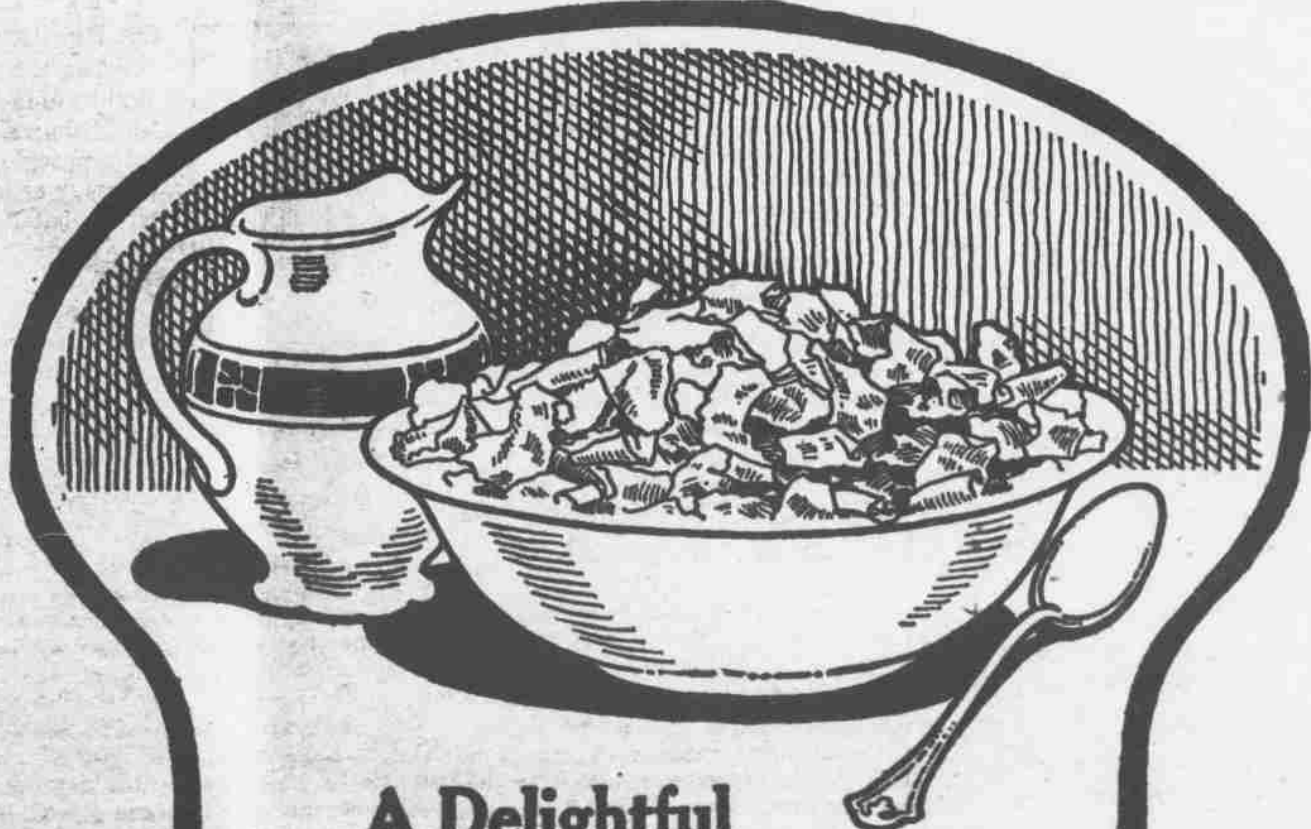
"Because experience and observation have taught me that the energy devoted to dancing is foot power and not brain power."

Perhaps.

Don't kick because your neighbor gets a bigger salary than you do. He is probably worth more to his boss.

After a man has learned that he can't beat another man at his own game he begins to dodge the individual with a get-rich-quick scheme.

Turkish railways usually run one train daily.



A Delightful Treat

Post Toasties and cream

Dainty, delicious morsels of white Indian corn, toasted to a delicate brown. An appetizing dish served with cream or crushed fruit.

"Toasties" are ready to eat direct from package—Breakfast, lunch or supper—Enjoyed by old and young, and

"The Memory Lingers"

Grocers everywhere sell Post Toasties.